Personal Defense Principles and Preparations

**Awareness**

* **Look around in all directions**
* **Resist distractions**
* **Maintain space buffer**
* **Keep moving**

**Preparation**

* **Weapons**
  + **Powerful flashlight with focused beam**
  + **Electrical stun units**
  + **Pepper, OC, and Mace sprays**
  + **Handguns**
  + **Long guns**
  + **Dogs**
  + **Blades**
  + **Anything moveable**
* **Venue and Timing, avoid crowds and attractions**
* **Reliable transportation**
* **Group strength – Ranger file, do not bunch up**
* **Communication**
* **Body armor and eye protection**
* **Respirators**
* **Egress for you and or your vehicle**

**Fixed Positions Preparation**

* **Perimeter alarms**
* **IR activated lights**
* **Dogs**
* **Camera Systems**
* **Game camera**
* **Trip flares and light sticks**
* **Trip wire**
* **Fences and barbed wire**
* **Trenches**
* **Bars for windows and doors**
* **Camouflage of various sorts**
* **False Walls**
* **Armored Doors and Window Shutters**
* **Underground shelters**