

## **60 – SECOND NUCLEAR DETONATION TRAINING FOR FIRST RESPONDERS**

### **A.**

Drop and cover when you see a flash. Stay down behind the cover for two full minutes. Even covering with a newspaper can prevent burns. Keep your eyes closed during bright light to prevent blindness.

### **B.**

7/10 Rule: Fallout loses 90% of its radioactivity in the first 7 hours after a detonation and an additional 90% for every 7-fold increase in time: 90% in the first 7 hours; 99% in 49 hours (2 days) and 99.9% in two weeks.

### **C.**

Fallout looks like sand, ash or grit as it falls and accumulates on the ground. If no fallout is visible on the ground, there is no radiation! To be sure, place a piece of white paper, a dinner plate, or anything with a smooth surface on the ground & check every 15 minutes for fallout particles.

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